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# "Effectiveness of Crowd Forecasting and Crisis Management Techniques in Health Emergencies During Hajj"

# **Researchers:**

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#### Abstract:

This study explores the effectiveness of crisis management techniques in handling health emergencies during the Hajj pilgrimage. Given the large number of pilgrims and the associated health risks, Saudi Arabia has implemented a range of strategies to ensure the safety and well-being of participants. Key techniques include real-time health monitoring through advanced surveillance systems and mobile apps, rapid emergency medical responses via field hospitals and telemedicine, and extensive preparedness through training and pre-event planning. Public health campaigns and communication strategies have raised awareness, while crowd control measures and disease prevention protocols have minimized risks. Effective coordination among multiple stakeholders, both local and international, has ensured a timely and organized response. The results highlight the success of these strategies in preventing major health crises during Hajj, although challenges remain in areas such as crowd density management and mental health support. The findings suggest that continuous improvements in these areas are crucial for further enhancing the health and safety of pilgrims.

Keywords: Effectiveness, Crowd Forecasting, Crisis Management Techniques, Health Emergencies, Hajj

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#### **Introduction:**

The annual Hajj pilgrimage, one of the largest gatherings of people in the world, draws millions of Muslims to Mecca, Saudi Arabia. Each year, pilgrims from diverse regions, with varied health backgrounds, undertake this sacred journey, creating a unique environment that necessitates robust health and safety management. Managing the massive influx of people over a short period, particularly in confined spaces, presents substantial challenges related to crowd control, health safety, and crisis preparedness [1].

Historically, health emergencies during Hajj have included heat exhaustion, infectious disease outbreaks, stampedes, and other incidents stemming from high-density conditions. Given these risks, effective crowd forecasting and crisis management techniques are critical in preventing and responding to potential health crises. Crowd forecasting leverages data analytics and predictive modeling to anticipate movement patterns, density, and possible risk zones, enabling proactive measures to manage the flow of people and reduce overcrowding. Meanwhile, crisis management techniques, including rapid response healthcare, mobile medical units, and digital surveillance, play a crucial role in ensuring that emergency resources are effectively allocated and readily available when incidents arise [2].

Despite the use of these techniques, challenges persist in achieving optimal outcomes during health crises at Hajj. The complexity of the event necessitates continuous innovation in crowd management and emergency response strategies, often involving advanced technology, real-time monitoring, and international collaborations. This study aims to explore the effectiveness of current crowd forecasting and crisis management techniques in health emergencies during Hajj, identifying strengths, limitations, and areas for potential improvement to ensure the safety of all pilgrims.

# **Problem statement**

The Hajj pilgrimage, attended annually by millions of Muslims from diverse regions, presents unique challenges in terms of crowd management and health crisis response. The sheer density of people, combined with the physically demanding nature of the pilgrimage and extreme temperatures, makes Hajj a high-risk environment for health emergencies, including heat-related illnesses, infectious disease outbreaks, and stampedes. While Saudi authorities have implemented crowd forecasting and crisis management techniques to mitigate these risks, incidents continue to occur, underscoring potential gaps in these strategies.

Crowd management is one of the most intricate and difficult tasks in management and a core issue and concern in political geography. Crowd management in human gatherings has recently emerged as an independent science, having its own concepts, theses, and methods, which require the collaboration of dozens of administrative bodies to develop a plan to manage crowds and control the reception and grouping process during events and seasons while evading damage.

Existing models for crowd forecasting leverage predictive data to anticipate crowd movement and density; however, their effectiveness in preventing health crises during Hajj remains underexplored. Similarly, crisis management techniques,



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including mobile medical units, real-time monitoring systems, and digital health technologies, have been deployed, but their impact on response times and health outcomes is not well-documented. This study seeks to evaluate the effectiveness of current crowd forecasting and crisis management strategies in reducing health-related incidents during Hajj, identifying specific limitations and areas for improvement. Addressing these gaps is essential to ensure the safety and well-being of pilgrims, and to establish evidence-based best practices for managing health emergencies in other high-density gatherings worldwide.

## Literature Review

### **Crowd Forecasting Models, Especially in Mass Gatherings**

Crowd forecasting has emerged as a crucial tool in managing mass gatherings, particularly in events that involve large, dynamic, and dense populations. Studies in this field highlight the role of predictive modeling in estimating crowd density, movement patterns, and identifying potential risk areas. For instance, Abalkhail and Al Amri (2022) proved that the experience of the KSA in crowd management using artificial intelligence during the Hajj was examined to create a model for similar circumstances. This study employed descriptive analytical methods. The program Arc Gis Pro 2.9.2 was used to produce maps related to the study. A strategic analysis was also conducted regarding the experience of the KSA in crowd management using SWOT analysis concerning the study area.

### Crisis Management Techniques Specifically Geared Towards Health Emergencies

Effective crisis management techniques are essential to ensure safety in mass gatherings, particularly in events like Hajj where millions converge in proximity. Traditional crisis management models, which rely on pre-established protocols and hierarchical command structures, have been adapted to suit the unique challenges of health emergencies. Research in this area emphasizes the importance of agile, real-time response strategies that address both the immediate medical needs of individuals and the broader implications for public health.

One of the notable crisis management strategies is the Integrated Command and Control System (ICCS), which allows for centralized coordination among multiple agencies involved in healthcare, security, and logistics. Another crisis management approach involves deploying mobile medical units and emergency response stations across the pilgrimage sites. Studies show that these units, equipped with necessary medical supplies and trained staff, significantly reduce the response time during health emergencies. Recent research also highlights the value of digital health technologies and real-time monitoring systems in health crisis management [3].

# Health-Related Incidents During Hajj and Lessons Learned

Over the years, health-related incidents during Hajj have underscored the importance of effective crowd forecasting and crisis management. Historical data on these incidents reveal patterns and potential gaps in health crisis response strategies, offering insights into improved planning and management. One of the major health concerns during Hajj is heat-related illnesses, such as heat exhaustion and heatstroke, due to the high temperatures in Saudi Arabia during the Hajj season. Memish et al. (2021) documented multiple cases of heat-related incidents during Hajj, emphasizing the need for shaded rest areas, hydration stations, and timely medical interventions. The study found that providing pilgrims with guidelines on heat prevention and ensuring regular access to drinking water greatly reduced the number of severe cases. This incident has prompted the adoption of preventive measures, such as increased hydration stations and heat alerts, to help manage heat-related health risks [4].

# The Role of Crowd Forecasting in Health Emergency Preparedness

The role of crowd forecasting in health emergency preparedness is an emerging and innovative approach to improving the response to public health crises. Crowd forecasting involves utilizing the collective intelligence and insights of a large group of individuals to predict or estimate the likelihood and impact of health-related events. Here's how this can play a significant role:

1. Improved Early Detection: Crowd forecasting leverages data from diverse sources, such as social media, news reports, and citizen-reported health concerns, to detect early signs of health emergencies. By analyzing patterns and signals in



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real time, this approach helps identify potential outbreaks or emerging health risks more quickly than traditional methods [5].

- **2. Enhanced Situational Awareness:** During a health emergency, the volume of data can overwhelm traditional monitoring systems. Crowd forecasting systems can aggregate and analyze vast amounts of real-time information from diverse contributors, providing a more accurate and up-to-date picture of the situation. This can help decision-makers understand the scale and dynamics of a health crisis more effectively [6].
- **3. Cost-Effective:** Crowd forecasting reduces reliance on expensive data collection and analysis methods. Instead of investing in large-scale monitoring systems, governments and organizations can tap into the collective knowledge of the public, which can provide valuable insights at a fraction of the cost [7].
- **4. Predicting Health Trends:** By aggregating a wide variety of predictions and insights from the crowd, systems can identify patterns that may indicate future health emergencies. This can include forecasting the trajectory of disease spread, predicting healthcare demand, or identifying regions at higher risk.
- **5. Engagement and Empowerment:** Involving the public in health forecasting fosters a sense of empowerment and engagement. It encourages individuals to actively contribute to the collective understanding of health risks, which can lead to better preparedness and response strategies. Additionally, it can help build trust between the public and health authorities, improving cooperation during emergencies.
- **6. Resource Allocation and Planning:** Accurate predictions from crowd forecasting can help in the effective allocation of healthcare resources. By understanding the likelihood and scope of a health crisis, authorities can better prepare hospitals, supply chains, and response teams, ensuring they are deployed where they are most needed [8].
  - Challenges and Considerations: The accuracy of crowd forecasting depends heavily on the quality of data. Crowd-sourced information may be incomplete or biased, so it's essential to apply appropriate filters and validation mechanisms [9]. Privacy issues and the potential misuse of health data need to be carefully managed. For crowd forecasting to be effective, it must be integrated with official health monitoring and response systems to ensure a coordinated and comprehensive approach [10].

### **Crisis Management Techniques in Hajj Health Emergencies**

Crisis management during Hajj, particularly in health emergencies, requires highly coordinated efforts due to the large number of pilgrims and the unique challenges posed by the event. The annual pilgrimage, which draws millions of Muslims to Mecca, presents significant public health and safety risks, including the spread of infectious diseases, heat stress, and injuries from crowding. Here are key crisis management techniques used in health emergencies during Hajj:

- 1. Real-Time Health Monitoring and Surveillance: Surveillance systems play a critical role in managing health emergencies during Hajj. The Saudi Ministry of Health (MOH) uses advanced technologies to detect and track emerging health threats, such as outbreaks of infectious diseases like MERS or COVID-19, as well as spikes in conditions like heatstroke, dehydration, and fatigue. These systems integrate data from hospitals, clinics, and other healthcare facilities to provide real-time insights into the health situation across the pilgrimage. Alongside this, mobile health apps are increasingly used by pilgrims and healthcare workers to monitor and report on the health status of individuals. These apps not only send real-time health alerts but also provide safety guidelines, making it easier to identify potential outbreaks or emergencies and respond accordingly [9].
- 2. **Emergency Medical Response and Infrastructure:** To manage large-scale medical emergencies, the Saudi authorities set up temporary field hospitals and clinics near key pilgrimage sites such as Mina, Arafat, and Muzdalifah. These facilities are equipped to handle a variety of medical conditions, from minor issues like dehydration to more serious injuries or illnesses. Additionally, ambulances, equipped with advanced medical equipment, are stationed strategically across the pilgrimage routes to ensure swift response times. These ambulances are linked to emergency coordination centers, facilitating the rapid transfer of patients to appropriate medical facilities. Telemedicine has also become an integral part of the emergency response, especially in remote locations. This technology enables healthcare professionals to consult with specialists in real-time, improving the speed and effectiveness of medical decision-making during complex emergencies [10].
- 3. **Preparedness and Pre-Event Planning:** Effective preparedness and planning are key to ensuring that the health system can handle the scale and complexity of Hajj. Health professionals and emergency responders undergo extensive training and crisis management drills, including simulation exercises for handling medical emergencies. These exercises ensure that responders are equipped to manage the high volume of cases during the pilgrimage. Additionally, contingency plans are developed for various potential crises, such as disease outbreaks, mass



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casualties, or natural disasters like floods or fires. These plans define the roles and responsibilities of various agencies, including the Ministry of Health, local governments, and religious authorities, to ensure a coordinated and efficient response. Furthermore, critical resources such as medical supplies, equipment, and personnel are prepositioned to meet the demands of the pilgrimage, with stocks of vaccines and essential medicines distributed to key locations in advance [11].

- 4. Public Health Campaigns and Communication: Public health education is a vital part of Hajj's crisis management strategy. Pilgrims are provided with detailed health education materials before and during the pilgrimage, covering topics such as disease prevention, hydration, heatstroke prevention, and managing pre-existing conditions. This information is made available in multiple languages to ensure accessibility. During the pilgrimage, continuous communication is maintained through loudspeakers, digital signage, and mobile apps to provide up-to-date health information and safety alerts. Public announcements are made regarding potential outbreaks, emergency procedures, and general health guidelines. In addition, health organizations utilize social media and official websites to spread important health messages and emergency updates, ensuring timely communication with both local and international pilgrims [12].
- 5. **Crowd Control and Management:** Effective crowd control is essential in preventing health emergencies arising from overcrowding, particularly in areas such as the Jamaraat Bridge, where pilgrims perform the ritual of stoning the devil. Surveillance technologies, including drones and sensors, are used to monitor crowd movements and density in real-time, helping to avoid dangerous congestion. Clear signage and designated pathways are established to guide pilgrims, reducing confusion and minimizing the risk of crowd-related accidents. In the event of overcrowding or emergencies like fires, rapid evacuation plans are in place, involving well-coordinated crowd control measures and trained personnel to ensure safe evacuations. These plans are designed to manage large numbers of people and to facilitate quick and orderly exits in case of a crisis [13].
- 6. **Disease Control and Vaccination:** Preventing the spread of infectious diseases is a top priority during Hajj. Before arriving in Saudi Arabia, pilgrims are required to receive certain vaccinations, such as meningitis and the flu vaccine, to reduce the risk of disease outbreaks. Pre-Hajj health checks are conducted to ensure that pilgrims meet health requirements. In case of a suspected outbreak, isolation and quarantine measures are swiftly enacted. Designated isolation areas and mobile quarantine units are established to contain the spread of contagious diseases, preventing them from spreading to larger populations. Strict infection control protocols, including regular disinfection of public spaces, health screenings, and temperature checks, are enforced to minimize the risk of diseases spreading during the pilgrimage [14].

### **Challenges and Considerations**

Managing health emergencies during Hajj presents unique challenges. The high concentration of people from diverse regions increases the risk of infectious disease outbreaks, which requires health systems to be agile and capable of rapid detection and response. Environmental factors, such as extreme temperatures, humidity, and large crowds, also create significant health risks, including heatstroke and exhaustion. Crisis management strategies must account for these environmental challenges by ensuring proper hydration, cooling systems, and effective crowd control measures. Additionally, addressing the psychological impact of the pilgrimage is crucial. Large crowds and the stress of the pilgrimage can lead to mental health challenges, and support systems for mental health and stress management are an essential part of the overall health strategy during Hajj [10].

In conclusion, crisis management during health emergencies at Hajj involves a combination of preparation, real-time monitoring, communication, and coordinated response efforts. Given the massive scale and unique challenges of the pilgrimage, an integrated approach involving technology, crowd control, vaccination, and multi-agency collaboration is essential to ensuring the health and safety of millions of pilgrims.

# **Evaluation of Effectiveness**

Evaluating the effectiveness of crisis management techniques in health emergencies during Hajj is essential to determine how well these strategies mitigate risks, manage resources, and safeguard the health and safety of pilgrims. An effective evaluation considers a range of indicators, including preparedness, response speed, the quality of medical care, and the overall outcomes of crisis management efforts. Here's a breakdown of how the effectiveness of crisis management in health emergencies during Hajj can be evaluated [5, 9]:



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### 1. Assessment of Health Outcomes

- Injury and Illness Rates: A key metric for evaluating effectiveness is tracking the number of health incidents, such as injuries, illnesses, heat-related conditions, or infectious disease outbreaks. Lower rates of disease transmission and fewer emergency cases can indicate effective health preparedness and intervention.
- Mortality and Morbidity Rates: The number of deaths or severe health complications occurring during Hajj can serve as a key measure of the effectiveness of medical intervention and crisis management. Lower mortality and morbidity rates typically reflect successful health emergency management and quick response times.
- **Timely Medical Intervention**: Monitoring the time taken for medical teams to respond to emergency cases is critical. Quick and effective treatment is vital in minimizing complications. The effectiveness of the medical response can be measured by response times and the outcomes of treatment [9].

### 2. Response Time and Efficiency

- Time to Identify and Address Emergencies: The speed at which health emergencies are identified and addressed is a critical factor in determining the effectiveness of crisis management. Monitoring how quickly health threats are detected, reported, and escalated to relevant authorities can give insights into the effectiveness of surveillance and coordination systems.
- Emergency Evacuations and Crowd Management: In case of an emergency, how quickly and efficiently pilgrims can be evacuated or directed away from dangerous areas is another indicator of crisis management success. This is particularly important in cases where overcrowding leads to stampedes or other crowd-related health crises [5].

#### 3. Infrastructure Readiness

- Availability of Medical Resources: The number and distribution of medical supplies, healthcare facilities (field hospitals, clinics), and personnel are critical in evaluating the response. An assessment should measure whether these resources were adequately pre-positioned and effectively mobilized during the crisis.
- Capacity Utilization: Evaluating whether medical facilities (hospitals and field clinics) were operating at full capacity or overwhelmed during the crisis can provide insights into whether adequate resources were in place or whether gaps existed that hindered the effectiveness of the response.

### 4. Coordination and Collaboration

- Multi-Agency Cooperation: The effectiveness of crisis management depends on the coordination between local, national, and international agencies, including health authorities, law enforcement, emergency responders, and religious organizations. Evaluating the communication, collaboration, and response time among these entities can highlight areas for improvement.
- **Information Sharing and Communication**: The timeliness and clarity of health alerts, updates, and guidelines communicated to both pilgrims and healthcare providers can impact the crisis outcome. Effective communication during a health crisis is essential for controlling panic and ensuring compliance with health protocols [8].

# 5. Technology Utilization

- Use of Mobile Health Applications: The effectiveness of digital tools such as mobile health apps or telemedicine platforms in tracking and managing health emergencies can be assessed by how well these technologies help in monitoring health trends, disseminating information, and providing remote consultations.
- Crowd Surveillance and Monitoring Tools: Evaluating the effectiveness of surveillance systems (such as drones, sensors, or cameras) in monitoring crowd density, tracking health issues, or managing movement can give insight into how well these tools support crisis management [4].

### 6. Post-Crisis Evaluation



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- After-Action Reviews: After each Hajj season, authorities often conduct debriefings and after-action reviews to assess the crisis management response. These reviews typically focus on what went well, what challenges were encountered, and what could be improved in future crises.
- Feedback from Pilgrims: Collecting feedback from pilgrims through surveys or interviews can provide valuable insights into how effectively the health measures were communicated and implemented. Pilgrim satisfaction with medical services, emergency responses, and safety measures is an important aspect of evaluation.

#### 7. Disease Control and Prevention

- Infection Control Measures: The effectiveness of infection prevention and control measures, such as isolation of suspected cases, disinfection protocols, and vaccination efforts, can be evaluated by the number of disease outbreaks and the speed at which they were contained.
- Post-Hajj Health Surveillance: Monitoring the health of pilgrims after returning home can also indicate how well
  diseases were prevented during the event. If pilgrims return to their countries with minimal new infections, it
  suggests successful health management during the event.
- 8. **Crisis Simulation and Drills: Pre-Hajj Crisis Drills**: The success of pre-Hajj crisis simulations (such as mock evacuation drills or medical emergency response exercises) can be a good indicator of how well prepared the teams are. Evaluating these drills for effectiveness in terms of response time, team coordination, and decision-making can help improve future crisis management protocols [14].

#### **Results**

- 1. **Real-Time Health Monitoring**: Advanced surveillance systems and mobile apps have enabled early detection of health risks such as infectious diseases and heat-related issues, allowing for quick interventions.
- 2. **Emergency Medical Response**: Field hospitals, ambulances, and telemedicine have provided rapid medical care, ensuring timely responses to emergencies during the pilgrimage.
- 3. **Preparedness and Pre-Event Planning**: Extensive training, drills, and pre-positioned resources have ensured that healthcare professionals are well-prepared for large-scale emergencies, improving response efficiency.
- 4. **Public Health Campaigns and Communication**: Health education materials, public announcements, and social media have raised awareness among pilgrims, guiding them on health precautions and emergency procedures.
- 5. **Crowd Control and Management**: Real-time crowd density monitoring, clear signage, and designated routes have reduced accidents and ensured safe pilgrim movement, with effective evacuation plans in place.
- 6. **Disease Control and Vaccination**: Mandatory vaccinations and strict infection control protocols have prevented the spread of infectious diseases, with isolation measures containing potential outbreaks.
- 7. **Coordination Among Stakeholders**: Effective coordination between health authorities, emergency services, and international organizations has ensured a seamless response to health emergencies, optimizing resource use.

# Conclusion

Evaluating the effectiveness of crisis management techniques in health emergencies during Hajj requires a holistic approach that assesses a wide range of factors, from the speed of medical interventions and infrastructure readiness to the coordination between agencies and the level of public health education. Continuous monitoring, feedback, and post-crisis analysis are essential for identifying weaknesses, improving response strategies, and ensuring that future Hajj seasons are as safe and healthy as possible for all pilgrims.

Overall, the crisis management strategies implemented during Hajj have shown significant success in mitigating health risks, responding to emergencies, and ensuring the safety and well-being of pilgrims. Through advanced surveillance systems, rapid emergency medical responses, extensive preparedness plans, effective public health education, and robust disease control measures, the Saudi authorities have created a comprehensive health management system. These results not only reflect the success of the strategies but also highlight areas for continuous improvement, such as expanding the use of telemedicine, enhancing crowd control technologies, and improving psychosocial support for pilgrims.



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